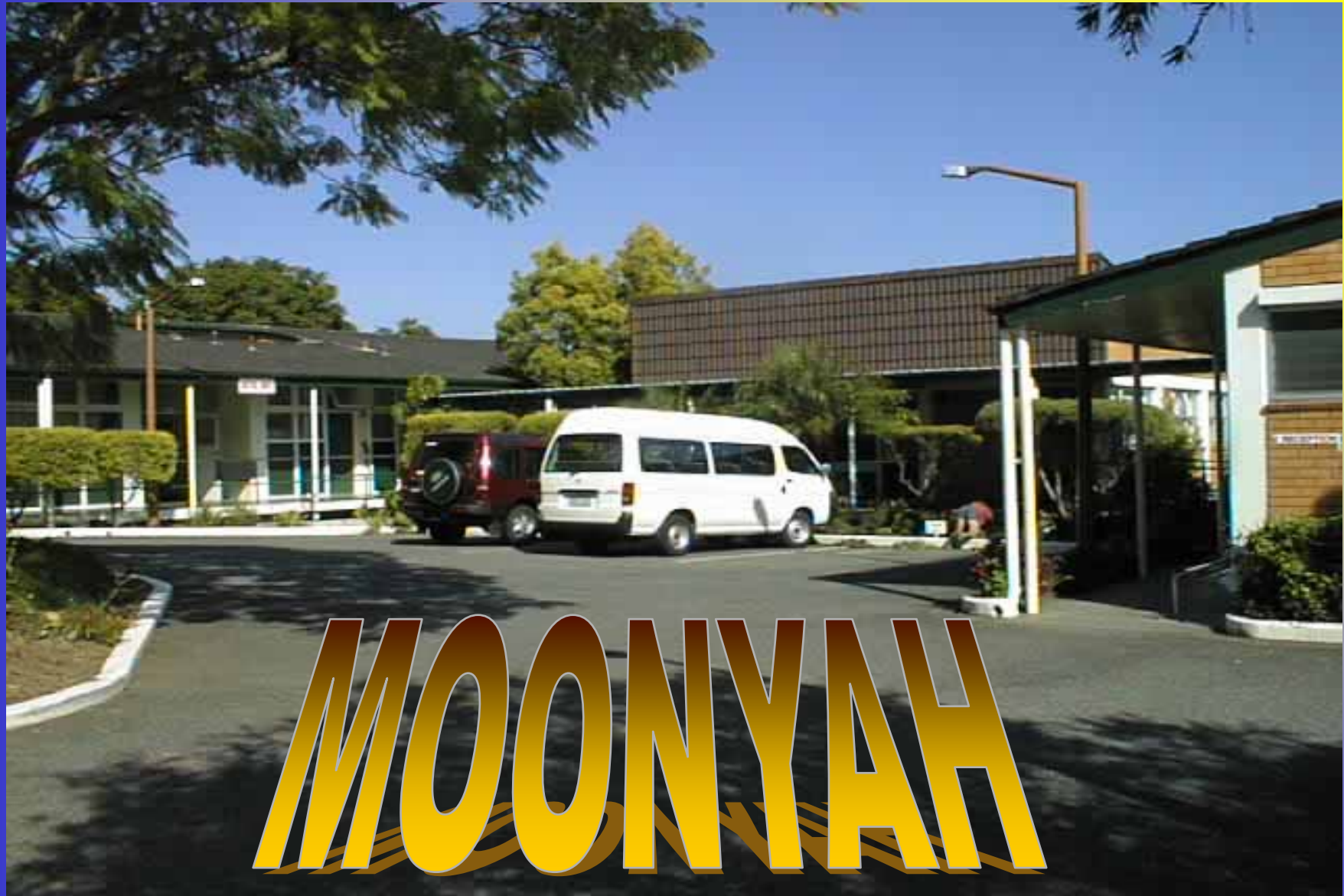


The Salvation Army
Recovery Services-Brisbane

"Moonyah"



MOONYAH

NEW LIFE, NEW HOPE

Our Services

Chapel Services

Bible Study Groups

Educational Groups

Detox on site

Financial guidance

12 step meetings

Health education

Individual Support

Recreational facilities

Work Based

Extended care support

Gambling program

A caring environment

Moonyah Chapel



Participant Accommodation

Participants are given a single room on arrival.

Moonyah has 90 beds including the halfway houses.

Moonyah has 3 halfway Houses on site with 3 beds in each for those participants in Extended care.



Assessment Phase



Assessment Phase

THE BRIDGE PROGRAM group overview:

ASSESSMENT PHASE – THREE WEEKS

WEEK ONE – OVERVIEW AND STEP ONE

WEEK TWO – STEP TWO/MANAGEABILITY

WEEK THREE – STEP THREE/SPIRITUALITY



- **TREATMENT PHASE**
- **RED GROUP –EIGHT WEEKS.**
- **WEEK ONE – THE TWELVE TRADITIONS**
- **Positive Lifestyle Program**
- **WEEK TWO – SELF AWARENESS AND SELF ESTEEM**
- **WEEK THREE – ANGER AND GRIEF & LOSS**
 - WEEK FOUR– DEPRESSION AND STRESS
- **WEEK FIVE – ASSERTIVENESS AND GOAL SETTING**

•WEEK SIX – STEP FOUR PART A & B

•WEEK SEVEN -STEP FIVE PART A & B

**•WEEK EIGHT — STEPS SIX AND SEVEN
PART A & B**

YELLOW GROUP – EIGHT WEEKS

**WEEK ONE – YOUR EMOTIONAL
NATURE)**

**WEEK TWO – YOUR INTELLECTUAL
NATURE (WEEK THREE – YOUR
PHYSICAL NATURE**

**WEEK FOUR – YOUR SPIRITUAL
NATURE**

**WEEK FIVE – YOUR
RELATIONSHIPS**

WEEK SIX – YOUR RECOVERY

**WEEK SEVEN – YOUR
RESENTMENTS)**

WEEK EIGHT – YOUR ANGER)

BLUE GROUP – EIGHT WEEKS

WEEK ONE – UNHEALTHY

SHAME

WEEK TWO – OTHER

DEPENDENCIES

WEEK THREE – ADDICTION

RECOVERY AND RELAPSE

WEEK FOUR – THE CHANGE

PROCESS

**WEEK FIVE – THE GROWTH
PROCESS)**

**WEEK SIX – THE CHILD
WITHIN)**

**WEEK SEVEN – FAMILY
SYSTEMS 1)**

**WEEK EIGHT – FAMILY
SYSTEMS 2)**

RE-ENTRY PHASE – FIVE
WEEKS

WEEK ONE – BOUNDARIES

PART ONE

WEEK TWO –

BOUNDARIES PART TWO

LIVING SKILLS

What now? – overview of living skills.

Getting started – leaving Rehab.

Budgeting.

Career goals – What job do you deserve?

Getting a job/resume` writing.

**WEEK THREE – DISCUSSION
GROUP-DETOX WEEK ONE
(Relapse Prevention)**

**WEEK FOUR – DISCUSSION
GROUP-DETOX WEEK TWO
(Relapse Prevention)**

**WEEK FIVE – DETOX WEEK
THREE....ATTEND**

**ASSESSMENT PHASE GROUPS
PROGRAM TOTAL = 32 WEEKS.**

MOONYAHS new specialized Outpatient Gambling Program is coordinated by Warren Henrick.

The program provides:

Assessments of people with problems caused by gambling

Addiction/Gambling education and information Sessions twice a week

Understanding of a gamblers unique issues.

Financial guidance.

Assistance with legal issues.

Connection to support groups.

Outpatient one to one support





Extended care

Moonyah has a designated Extended AOD Worker who is responsible for the day to day care of those participants who have completed the program but are residing in one of our halfway houses.

Extended care participants are encouraged to actively seek employment and or continue their education to achieve their career goals.

An extended group session is held each Tuesday evening prior to the Chapel service. They receive one support session per week or as required.

House meetings are conducted on a fortnightly basis.